



CALDERDALE CARES  
PARTNERSHIP



South West  
Yorkshire Partnership  
NHS Foundation Trust

# Calderdale mental health primary care pharmacy team

## Who we are

Calderdale mental health primary care pharmacy team are an advanced specialist mental health service who provide support around medication to people in the community.

In our team we have a clinical pharmacist (non-medical prescriber) and a pharmacy technician. We use our expertise to enhance the optimisation of mental health medicines across Calderdale.

We work together with GP (general practitioner) pharmacy teams so that work isn't duplicated.

## What we do

- Offer mental health related medicines information to primary care networks
- Provide mental health medication related education and training to primary care networks
- Structured medication reviews (SMRs) for targeted mental health related regimes
- Review discharged patients from South West Yorkshire Partnership NHS Foundation Trust inpatient wards within 7 days to ensure all aspects relating to medication have been reconciled accurately by the relevant GP practice and provide input where necessary. We are also available to answer any queries arising from this.

## We offer structured medication reviews to...

- People prescribed dosulepin / trimipramine
- People prescribed potentially addictive medication used for a mental health condition such as benzodiazepines and z-drugs who have been on the dose/without a review for a certain amount of time
- People prescribed high risk medications such as clozapine, depot antipsychotics, lithium, high dose antipsychotics and multiple agents from the same pharmacological class
- People diagnosed with dementia prescribed an antipsychotic for BPSD for more than three months
- People with a diagnosis of learning disability and/or autism that are prescribed mental health medication (in line with STOMP) for more than three months
- People who are prescribed medication with high anticholinergic burden or experiencing these side effects

# Examples of mental health medicines information

- Switching advice between agents e.g. antidepressants
- Initiation and cessation (deprescribing) of mental health medications
- Adverse drug reaction (side effects) significance, management, and monitoring
- Drug-drug interactions, drug-disease interactions, significance, management, and monitoring
- Medication safety and choices with comorbidity such as pregnancy, lactation, renal or hepatic impairment etc
- Input into improvements with medication adherence, simplification of regime, advice on reintroduction of medication after a period of non-adherence
- Queries relating to shared care of mental health medications
- Queries relating to ongoing medication and monitoring for people recently discharged from Trust inpatient wards or outpatient clinics
- Involvement in case reviews
- At the request of an individual / carer / relative with concerns about the number of mental health medicines they are taking or who have requested counselling or advice on medication requiring a mental health specialist

## Referral criteria

- Calderdale residents receiving care under the NHS
- Aged over 18 (but may accept younger depending on individual case)
- Person has consented to receive input from the mental health pharmacy team

## Exclusion criteria

- Person is experiencing a mental health crisis and / or is actively suicidal
- Acute intoxication
- Acute psychosis
- Alcohol withdrawal
- Injury which requires treatment
- Overdose/treatment or observations required
- Personal care

## We accept referrals from...

- GPs, primary care network pharmacy teams, community pharmacy teams, hospital pharmacy teams, advanced clinical practitioners, practice nurses, health care assistants, mental health practitioners, social prescribers, care coordinators, practice managers, dietitians, care homes, and physical health and wellness teams
- Smoking cessation services – specifically all patients prescribed clozapine wishing to reduce or stop smoking

## How to refer

Email [PCMHParmacy.Calderdale@swyt.nhs.uk](mailto:PCMHParmacy.Calderdale@swyt.nhs.uk) with brief details, including NHS number and GP practice.

We aim to respond within 10 working days.

If you require a copy of this information in any other format or language please contact your line manager or your healthcare worker at the Trust.

With **all of us** in mind.